Unplugged Yoga

Friday 10th March

6am Yoga & Pranayama (at studio)
6.30pm Evening Reflections (online). Click <u>here</u> to join.

Saturday 11th March

8am Yoga & Pranayama (at studio) 6.30pm Evening Reflections (online). Click <u>here</u> to join.

Sunday 12th March

8am Yoga & Pranayama (at studio)
6.30pm Evening Reflections (online). Click <u>here</u> to join.

Studio address: 85 Latrobe Terrace, Paddington QLD 4064 All equipment provided.